



Rules & Conditions Of Entry For Runners

1. Runners must wear suitable clothing and footwear for cross country running conditions.
2. Runners must follow the course. NO RUNNING on any crop or cultivated field.
3. All abilities of runners are welcome, but participants must be medically fit to complete the run.
4. Children under the age of 12 must be escorted by an adult.
5. Runners must be aware of and give way to any horses and riders.
6. No dogs allowed on the course.
7. The Organisers, the volunteers, the land owners and all persons involved with the running of the fun run, disclaim all liability for any damage or injury to any person or property, howsoever caused, whether by negligence or otherwise.
8. Runners agree to comply with all instructions from any of the Organisers or stewards.
9. Any refund issued will incur a £2.00 administration levy.
10. By entering the Milton Lilbourne Fun Run, runners and their associates agree to these Rules and Conditions of Entry.

